

# BOXING BOOTH SCHEDULE

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		OPEN @ 6AM						
MORNING 6:00 - 12:00	06:00 - 07:00	BAG ATTACK 6:00 - 07:00	MORNING BLAST 6:00 - 7:00	OLD SKOOL BOXING 6:00 - 07:00	S&C 6:00 - 7:00	MEMBERS SPARRING 6:00 - 7:00		
	07:00 - 08:00							
	08:00 - 09:00	OPEN GYM 6:00 - 10:00	OPEN GYM 6:00 - 10:00	OPEN GYM 6:00 - 10:00		OPEN GYM 6:00 - 10:00	OPEN @ 8AM	
	09:00 - 10:00							OPEN @ 9AM
	10:00 - 11:00	GYM CLOSED - PRO TRAINING ONLY 10:00 - 14:00	GYM CLOSED - PRO TRAINING ONLY 10:00 - 14:00	GYM CLOSED - PRO TRAINING ONLY 10:00 - 14:00	OPEN GYM 6:00 - 20:00	GYM CLOSED - PRO TRAINING ONLY 10:00 - 14:00	OPEN GYM 8:00 - 12:00	MEMBERS SPARRING 9:00 - 12:00
	11:00 - 12:00							
12:00 - 13:00								
AFTERNOON 12:00 - 17:00	13:00 - 14:00							
	14:00 - 15:00	OPEN GYM 14:00 - 18:00	OPEN GYM 14:00 - 18:00	OPEN GYM 14:00 - 18:00		OPEN GYM 14:00 - 17:00	GYM CLOSING @ 12PM	GYM CLOSING @ 12PM
	15:00 - 16:00							
	16:00 - 17:00							
	17:00 - 18:00							
EVENING 17:00 - 21:00	18:00 - 19:00	BOX TECH 18:00 - 19:00	WOMENS BOXING 18:00 - 19:00	BOX TECH 18:00 - 19:00	OLD SKOOL BOXING 18:30 - 19:30	GYM CLOSING @ 5PM		
	19:00 - 20:00	H BOXING 19:00 - 20:00	BOX TECH 19:00 - 20:00	MEMBERS SPARRING 19:00 - 20:00				